

## Child Care Health Consultation Health Issue Training Lesson Plan

**Contractor (LPHA) Name:** Ozark County Health Department

**Date Submitted:** 10/8/2019

Health and Safety Standards	Training Levels
<input checked="" type="checkbox"/> Promoting Risk Management Practices <input type="checkbox"/> Protecting Children and Youth <input type="checkbox"/> Promoting Physical Health <input type="checkbox"/> Promoting Mental Health <input type="checkbox"/> Promoting Healthy Eating	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input checked="" type="checkbox"/> 5  <b>Source:</b> Core Competencies for Early Childhood and Youth Development Professionals (Kansas and Missouri), 2011

**Title:** AHA CPR AED Infant, Pediatric, & Adult 7.0

**Learning Objective(s):**

Participants will:

Demonstrate proper CPR and AED techniques at the completion of class  
 Help someone who is choking  
 Perform appropriate First Aid techniques at the completion of class

Topical Outline of Content	Resources Used
Introduction by instructor  CPR – Adult/Child CPR, Adult/Child choking, Infant CPR, Infant choking and the emergency call.  AED – Skills technique in the use of AED  First Aid – Skills technique in providing first aid	Video, DVD, AHA manual, mannequins, AED

**Method(s) of Outcome Evaluation:** Successful completion of test and skill check off

Health Issue Trainings are developed utilizing best practice references such as the “Kansas and Missouri Core Competencies for Early Childhood and Youth Professionals” (Content Area V: Health and Safety), and the National Health and Safety Performance Standards, “Caring for Our Children.” Consultants developing new lessons for Health Issue Trainings should use this template and submit to the CCHC Program Manager, for submission to the Missouri Workshop Calendar for Program approval. Health Issue Trainings already approved by the CCHC Program Manager and the MO Workshop Calendar are approved for use by any contracting LPHA. Approved lesson plans are reviewed by the CCHC Program Manager at a minimum of every three years, and are therefore considered approved if in circulation until otherwise instructed by the CCHC Program Manager.